

10th Anniversary Celebration of Sterling Forest State Park

9 AM - 4 PM Sunday September 28, 2008

PROGRAM SCHEDULE

Adjustments due to weather or other circumstances after this is printed will be posted on day of event.

Location	9:00	10:00	11:00	12:00	1:00	2:00	3:00
Visitor Center Auditorium	Iron Mining History Talk with Photos	Black Bears of Sterling Forest	Geospatial Information Systems	Black Bears of Sterling Forest	X	Iron Mining History Talk with Photos	Geospatial Information Systems
Visitor Center Theater	Continuous showings of <i>The Sterling Story</i> , by Paul Dolan and ABC. This 13 minute video tells of the critical role Sterling Forest played in our country's history, as well as its importance in our current quality of life and for our future generations.						
Visitor Center Front Portico	Geoff Welch will perform a new musical landscape, <i>Sterling Lake</i> and other compositions including <i>Eyes</i> , <i>Milkweed</i> and <i>Betty's Bells</i> , plus his instrumental arrangements of folk songs.						
	Sign up for hikes and bike tour - see descriptions below.						
HEnRI Highlands Environmental Research Institute	Invasive Species & Why They Matter	Birds of Prey with Live Birds	Reptiles & Amphibians of Sterling Forest	Birds of Prey with Live Birds	X	Saving the Golden Winged Warbler	Reptiles & Amphibians of Sterling Forest
South Point Rock	X	Hiking Tips and Tricks	Fishing Demo Trout Unlimited	Hiking Tips and Tricks	X	Fishing Demo Trout Unlimited	X
NYU - Auditorium <small>New York University</small>	X	Antler Restriction Benefits QDMA	Deer Hunting Sterling Forest Peter Fiduccia	Antler Restriction Benefits QDMA	X	Deer Hunting Sterling Forest Peter Fiduccia	X
Church Foundation	X	Stories of Nature and Spirit	X	X	Celebration Ceremony FREE CAKE	Handheld Portable GPS Ongoing Hands on Demonstrations, Q & A	
Lake Side of Visitor Center	FOOD AND REFRESHMENTS FOR SALE PROCEEDS BENEFIT STERLING FOREST PARTNERSHIP						

GUIDED HIKES AND FIELD TRIPS

PLEASE SIGN UP AT TABLE ON VISITOR CENTER PORTICO

ACTIVITY	9:00	10:00	11:00	12:00	1:00	2:00	3:00
Fire Tower Hike	4 mile hike w great views easy/moderate difficulty		X	X	X	4 mile hike w great views easy/moderate difficulty	
Sterling Lake Hike	Easy 4 mile hike around Sterling Lake Approximately 9:30 - 11:30			X	X	Easy 4 mile hike around Sterling Lake	
Sterling Ridge Hike	A more strenuous 7 mile hike with great views for experienced hikers.				X	X	X
Bike Hike	Bike Tour of Sterling Forest 19 miles with 11 mile option Off road segments not suitable for skinny road tires.				X	X	X
Iron Mining History Walk	X	Easy 1 mile walk. You will be amazed by what you learn.		X	X	X	Easy 1 mile walk
Invasive Species ID Field Walk	X	X	Learn invasive plant ID	X	X	X	X

Ask about additional hikes and hiking opportunities at hike sign up table.